



WASHTENAW
LITERACY

**WASH - WIPE - COVER!
DON'T INFECT ANOTHER!**

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WASHTENAW
LITERACY

OPENS WORLDS.





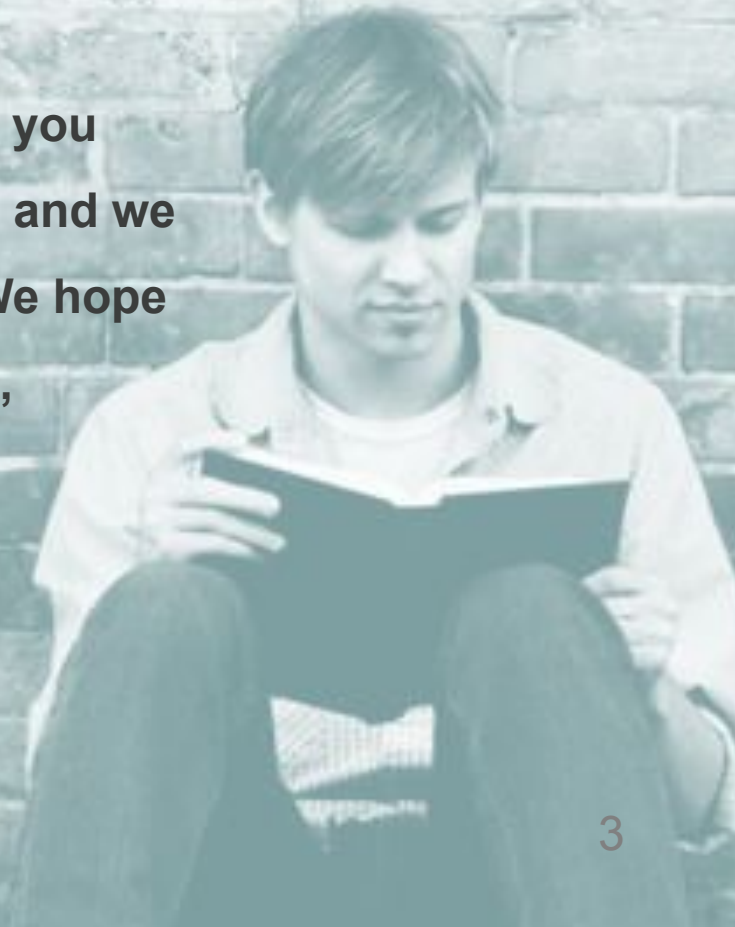
Our Mission

**Believing that literacy is the foundation
for a sustainable community,
Washtenaw Literacy provides literacy
support, free of charge, to adults
through a network of trained tutors.**

COVID-19

In recent days, the need to practice social distancing has transformed the way we think about tutoring. It has also shown us just how important it is to communicate with our learners about emergency situations.

Remember that as a Washtenaw Literacy tutor, you serve on our front lines in the work that we do, and we rely on you to keep your learner(s) informed. We hope this workshop will provide you the information, resources, and strategies you need to get started on the important work of tutoring and communicating about COVID-19.



Workshop Objectives

After this workshop, you should have the knowledge, skills and perspective needed to...

- **Communicate COVID-19 information**
- **Introduce Wash - Wipe - Cover: Don't Infect Another!**
- **Session plan for remote tutoring about COVID-19**
- **Sign up for additional support on any of these topics**

Communicating COVID-19 Information

Sometimes sharing information is more urgent than tutoring allows:

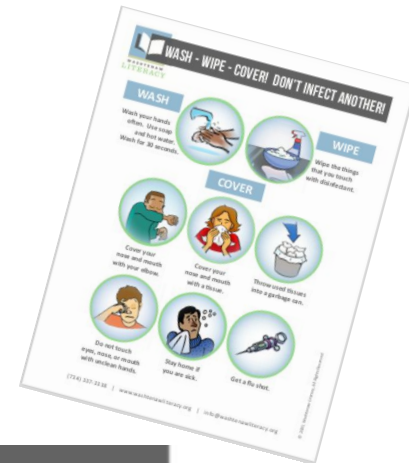
- one of you has children home and doesn't have time for tutoring;
- your learner's English level is low enough that a translation is more practical;
- you plan to continue tutoring, but you want to send essential information even before you have a session; etc.

Whatever the reason, here are some tips to keep in mind:

- **Modes of Delivery -- Use what works for your learner, and follow up!**
 - Traditional: phone call, email, text
 - Video conferencing: Skype, Facetime, Google Hangouts, and others
 - Social media apps: WhatsApp, Facebook Messenger, and others
- **Resources to Share -- Stick to trusted government websites!**
 - [COVID-19 Factsheets](#) in plain English and multiple languages
 - [Washtenaw County Essential Services](#) (medical, utilities, food, etc.)

Introducing Wash - Wipe - Cover!

Whether **communicating important information** or **engaging in remote tutoring**, remember to spread the message:



[Full flyer available here for download.](#)

Introducing Wash - Wipe - Cover!

As remote tutoring begins, consider how you structure sessions:

- **Trigger Alert!**

- Those you are speaking with may have family or friends that have been impacted as a result of this illness. Be extra sensitive, and give the learner(s) the flexibility to either discuss their anxieties or not.

- **Modeling Preventative Measures**

- Begin and end each session together with a cleanliness routine (**wash** hands/use hand sanitizer, **wipe** down computer keyboards/phones, etc.)
- Have tissues nearby. Use them and throw them away as appropriate.
- Use tissues/your elbow to **cover** coughs and sneezes.

- **Hearing vs. Understanding**

- Remember that learner(s) will understand the words and concepts of Wash - Wipe - Cover faster than they will internalize them.
- Practice together! Do activities that will stick in their mind! Repeat!

WASH

- Video: [Why Soap is Better Than Water Alone](#)
- Video: [How to Wash Your Hands](#)
- Video: [How Long Does it Take to Wash Your Hands?](#)



Wash your hands often. Use soap and hot water. Wash for 30 seconds.

Activity Idea!

Sing Happy Birthday together to help your learner remember how long they should wash their hands.

WIPE

- Article: [Mentalfloss: 10 of the Dirtiest Things You Touch Every Day](#)
- Flyer: [8 Gross Things You Touch Every Day](#)
- Video: [Mayo Clinic Minute: The Dirtiest Things You Touch](#)
- Video: [Household Cleaners That Work](#)



Wipe the things that you touch with disinfectant.

Activity Idea!

Make a list or Venn Diagram together of the things you touch every day.

COVER



Cover your nose and mouth with your elbow or a tissue.



Throw used tissues into a garbage can.

- Video: [Cover Your Coughs and Sneezes](#)
- Video: [Why You Cough Into Your Elbow](#)

Trivia!

A cough can travel
20 ft at 50 mph.

A sneeze can travel
26 ft at 100 mph.

DON'T INFECT ANOTHER



Do not touch eyes, nose, or mouth with unclean hands.



Stay home
if you are sick.



Get a flu shot.

- Video: [Why We Touch Our Faces and How to Stop It](#)

Activity Ideas!

1. Count and compare how many times you each touch your faces.
2. Do a phone roleplay for calling in sick.
3. Practice texting to cancel a friend meetup.
4. Research where to get a flu shot.

Vocabulary Strategies & Activities

● Total Physical Response

- Verify comprehension; practice recall and pronunciation.
- Variations: Charades, Battleships ([instructions here](#))

● Graphic Organizers

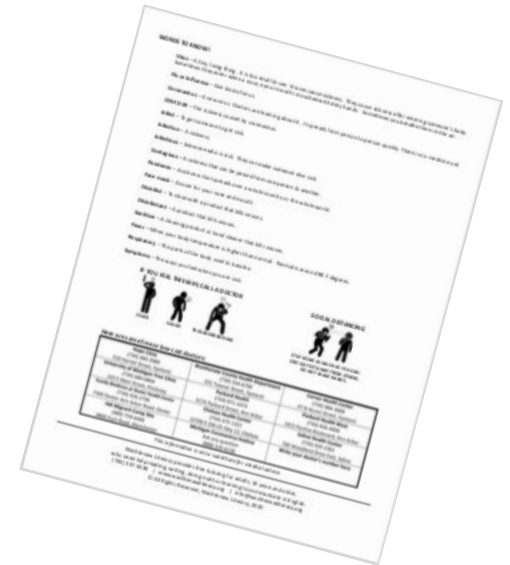
- Learner draws in a notebook or on scrap paper.
- Tutor draws on a whiteboard that can be shown on the video.
- Verify comprehension; practice associations and usage.
- Examples: Word Bug/Mapping, Concept Map, Continuum ([check here](#))

● Flashcards

- Learner and tutor use notecards or scrap paper.
- Verify comprehension; practice recall, pronunciation, reading, and spelling/writing.
- Variations: If each of you has a set, create Bingo layouts or a deck of cards for Taboo and/or dialogue practice.

● Online Games

- [Vocabulary.com](#)
- [Quizlet.com](#)
- [TheWordSearch.com](#)
- [ClassTools.net](#)



Wellness Assessment & Response

- **Symptom Checklist**

- Make a symptom checklist and go through it together.
- Create a health log together to keep track of symptoms and dates.

- **Dialogues/Roleplays**

- Practice calls to the doctor's office / clinic / hotlines.
- Practice speaking in-person to a doctor or nurse.

- **Medical Forms**

- Practice online COVID-19 screening forms.
- Practice doctor's office / clinic forms.

- **Translation (ESL learners)**

- In this case, getting the information right may take priority over skills tutoring.
- Help your learner get comfortable with a translation app (e.g., Google Translate).
- Connect your learner to translation services, or call the clinic to see if they offer translation support.



FEVER



COUGH



TROUBLE BREATHING

Session Planning about COVID-19 | Activities

● Social Distancing

- Practice safe greetings, and use videos or articles to demonstrate expectations.
 - Video: [How to greet someone without a handshake](#)
 - Video: [Footshakes and elbow bumps](#)
 - Article: [No-Touch Greetings Take Off](#)
- Use dialogues/roleplays for canceling or changing meetings, appointments, friend meetups, etc.
- Calculate your [Pandemic Footprint Index \(PFI\)](#) together.



STAY HOME AS MUCH AS YOU CAN.
STAY SIX FEET AWAY FROM OTHERS.
DO NOT SHAKE HANDS.

● Closures & Changes in Business Operations

- Read images of door signs about changes in business hours and operations.
 - Focus on dates, times, and important sight words.
 - Make your own signs and use cloze activities, etc.
- Practice searching for announcements on school closings, restaurant closings, etc.

● Home Needs Assessment

- Use [this checklist](#) or create your own.

Session Planning about COVID-19 | Articles

● Awareness

- Article: [Coronavirus Alert: Keep Your Hands Off Your Face](#)
- Article: [Newsela.com](#): Search “COVID-19” for many articles.

● Media & (Mis)Information

- Guide: [The CRAAP Test](#)
- Article: ['Fake news' undermining the world's response to the coronavirus](#)
- Article: [Fake news about Covid-19 can be as dangerous as the virus](#)
- Course: [Fighting Fake News: How to Outsmart Trolls and Troublemakers](#)

● Mental Health & Activities for Isolation

- Article: [How To Protect Your Mental Health During a Quarantine](#)
- Flyer: [I Can Control vs. I Cannot Control](#)
- Article: [70 Things To Do With Kids Now That We're All Stuck at Home](#)
- Comic: [A Guide to Working Remotely](#)

● Graphic Organizers for Comprehension & Cultural Discussion

- KWL, Venn Diagram, 5 W's Chart, Fact or Opinion, and others ([more here](#))

[Check here for more resources on distance tutoring.](#)

Signing Up for Additional Support

If you'd like to follow up this workshop with a call or video conference, we are here to support you on any topic or concern. Please sign up below.

- **Jennifer**

- ESL communication
- [Workshop Office Hours](#)

- **Kurtis**

- Technical support for distance tutoring
- [Workshop Office Hours](#)

- **Makayla**

- Community, mental health, and online resources
- [Workshop Office Hours](#)

Even though we have different focuses, know that you can discuss any topic or concern related to this workshop with all three of us.

A photograph of a man and a woman sitting at a table in a library, studying together. The man is on the left, wearing a sweater and tie, looking at a book. The woman is on the right, wearing a dark top, looking down at a book. The background shows bookshelves filled with books. The entire image has a light blue overlay.

Thank you!